



digital
download

DAILY PRACTICE BUNDLE FOR BEGINNER FLUTISTS

by Shelby Anderson

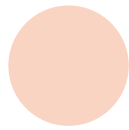


Name: _____

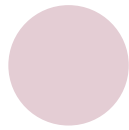
Daily PRACTICE BOOK



To practice, I need:



my flute!



a music stand



my method book and scale book



a metronome and timer



a pencil



a quiet space






Morning WARM UP

Soaring Harmonics

Repeat with slurs! 



Three staves of music for 'Soaring Harmonics'. The first staff starts with a windmill illustration. The music consists of a sequence of notes with harmonics, repeated three times. The first staff is marked with a '5' and the second with a '9'.

Whole Note Octaves

Two staves of music for 'Whole Note Octaves'. The first staff starts at measure 13 and the second at measure 22. A yawn icon is placed over the first staff with the text 'Let in a big yawn!'.

Bouncy Octaves


One staff of music for 'Bouncy Octaves' starting at measure 29. A rabbit illustration is placed over the staff. Below the staff, the text reads: 'Don't forget: Low D and High D have different fingerings!' with a curved arrow pointing to the right.


Lightly Row x2


Two staves of music for 'Lightly Row x2' in 4/4 time. The first staff contains two measures of music, and the second staff contains two more measures.

Tongue Twisters


35





40  Think: "wood pecker song (rest)"



45



50  Think: "peanut butter pie (rest)"



1

Interval Practice

Finger and speak the notes first, then play

55



63



2

71



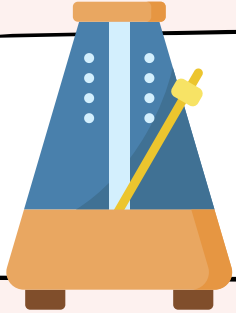
79



well done!



five note SCALES



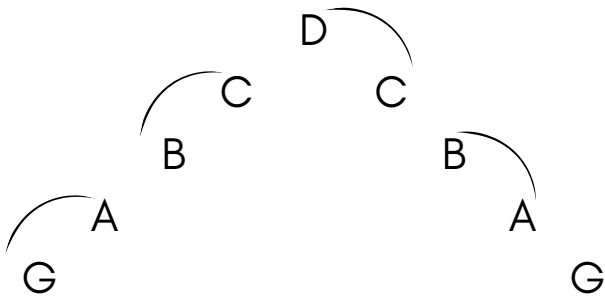
Level One

REMEMBER:

- ✓ Metronome on 66 BPM
- ✓ Tap your toe
- ✓ Don't move on until each scale is beautiful!

G MAJOR

Repeat ___ times



1. Say the notes and finger

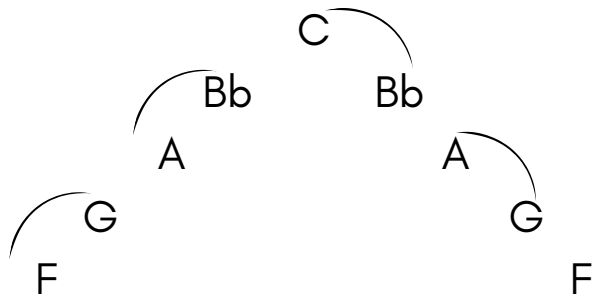


2. Read letter names and play

3. Read notes on the staff and play

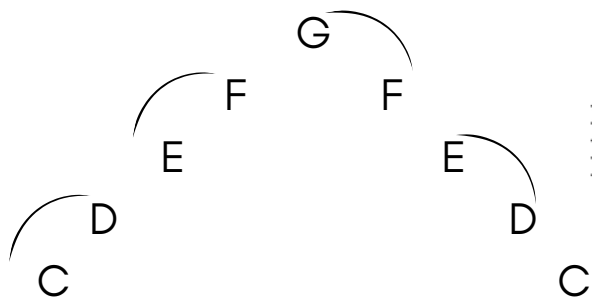
F MAJOR

Repeat ___ times



C MAJOR

Repeat ___ times



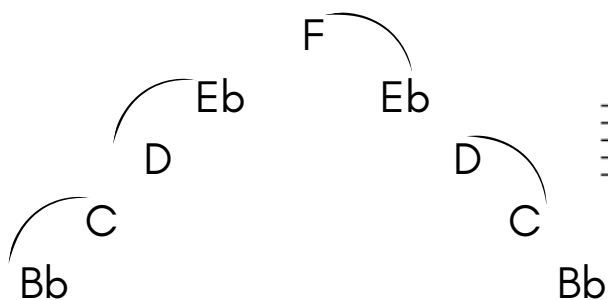
Fingerings for C Major scale: C, D, E, F, G, F, E, D, C.



Musical notation for C Major scale on a treble clef staff.

Bb MAJOR

Repeat ___ times



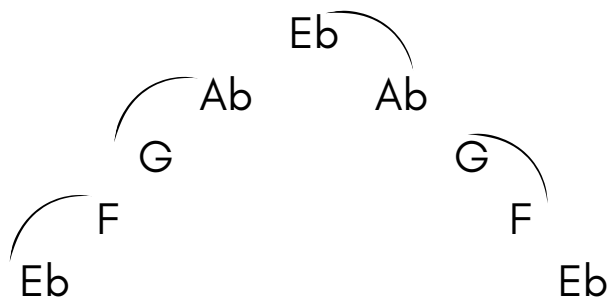
Fingerings for Bb Major scale: Bb, C, D, Eb, F, Eb, D, C, Bb.



Musical notation for Bb Major scale on a treble clef staff.

Eb MAJOR

Repeat ___ times



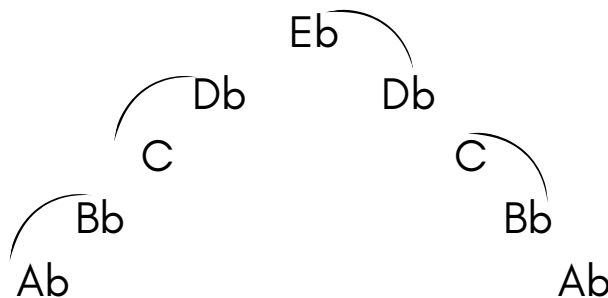
Fingerings for Eb Major scale: Eb, F, G, Ab, Eb, Ab, G, F, Eb.



Musical notation for Eb Major scale on a treble clef staff.

Ab MAJOR

Repeat ___ times



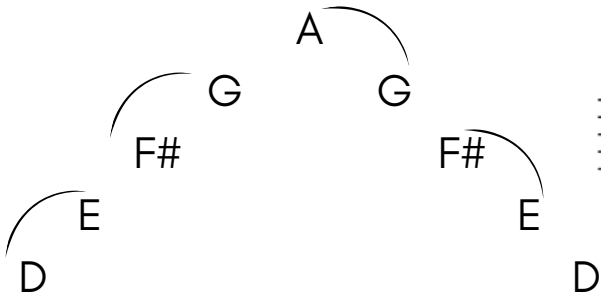
Fingerings for Ab Major scale: Ab, Bb, C, Db, Eb, Db, C, Bb, Ab.



Musical notation for Ab Major scale on a treble clef staff.

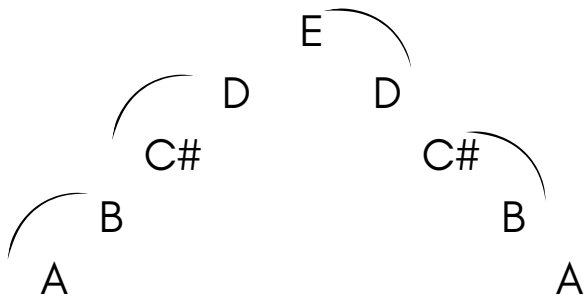
D MAJOR

Repeat ___ times



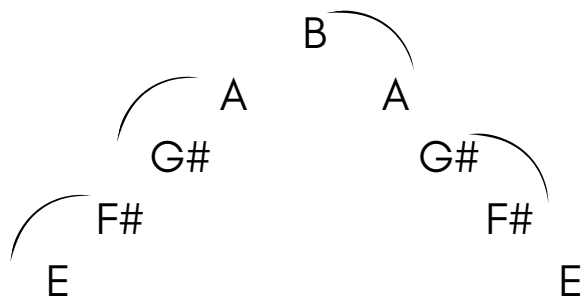
A MAJOR

Repeat ___ times



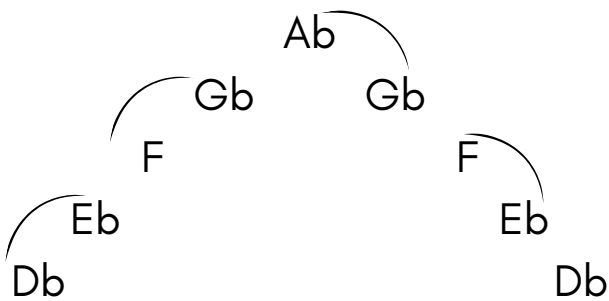
E MAJOR

Repeat ___ times

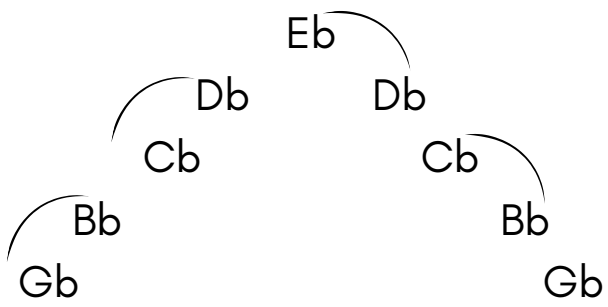


Db MAJOR

Repeat ___ times



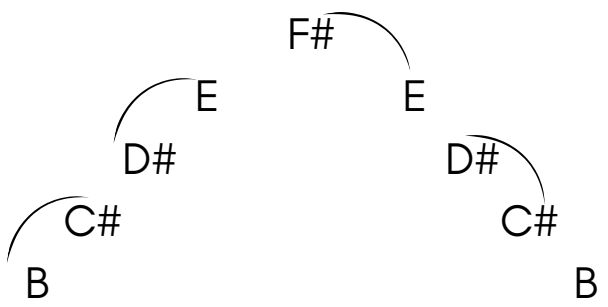
Gb MAJOR



Repeat ___ times



B MAJOR



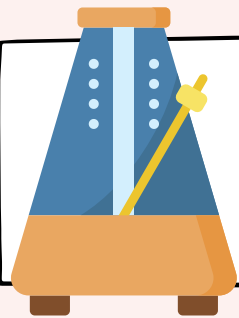
Repeat ___ times





five note SCALES

Level Two



REMEMBER:

- ✓ Metronome on 66 BPM
- ✓ Tap your toe
- ✓ Don't move on until the entire scale is beautiful!

G major



F major



C major



Bb major



Eb major



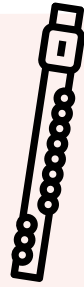
Ab major



Name: _____

Date: _____

lesson HOMEWORK

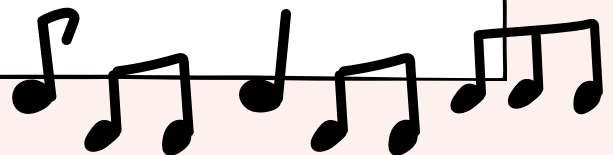


Warm up

Scales

Method book

Other

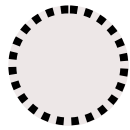


Name: _____

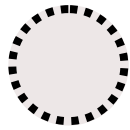
Daily PRACTICE BOOK



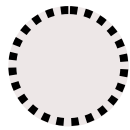
To practice, I need:



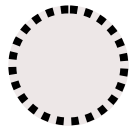
my flute!



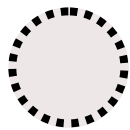
a music stand



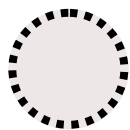
my method book and scale book



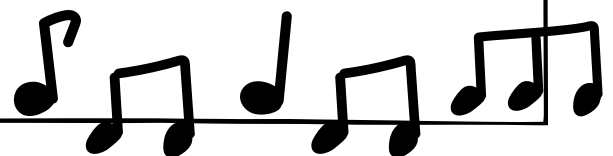
a metronome and timer



a pencil



a quiet space





Morning WARM UP

Soaring Harmonics

Repeat with slurs!

1
5
9

Whole Note Octaves

13
22

Let in a big yawn!

Bouncy Octaves

29

Don't forget: Low D and High D have different fingerings!

Lightly Row x2

Tongue Twisters

35



Think: "wood pecker song (rest)"

40



45



Think: "peanut butter pie (rest)"

50



1

Interval Practice

Finger and speak the notes first, then play

55



63



2

71



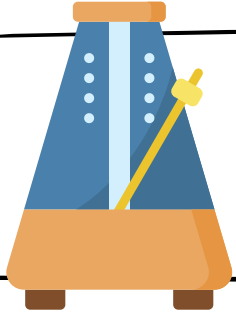
79



well done!



five note SCALES



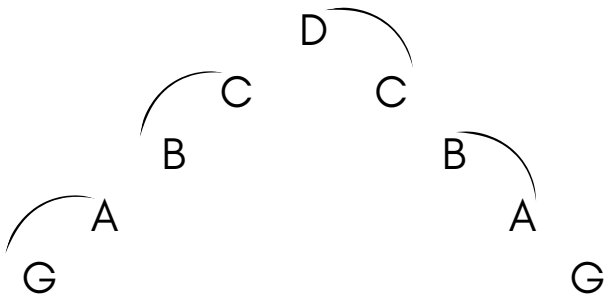
Level One

REMEMBER:

- ✓ Metronome on 66 BPM
- ✓ Tap your toe
- ✓ Don't move on until each scale is beautiful!

G MAJOR

Repeat ___ times



1. Say the notes and finger

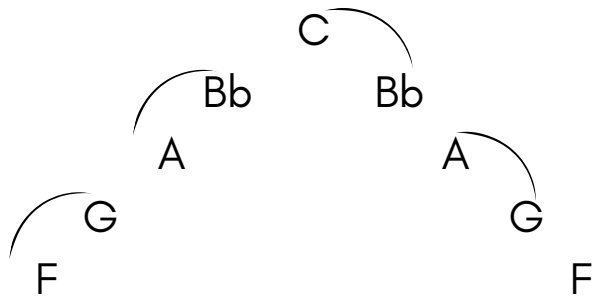


2. Read letter names and play

3. Read notes on the staff and play

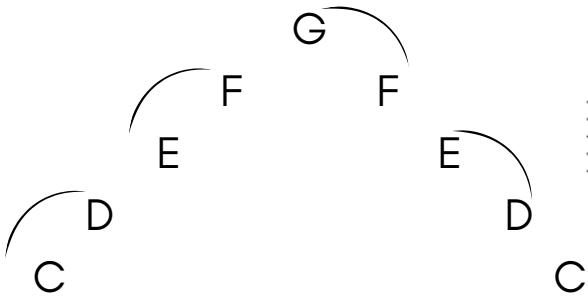
F MAJOR

Repeat ___ times



C MAJOR

Repeat ___ times



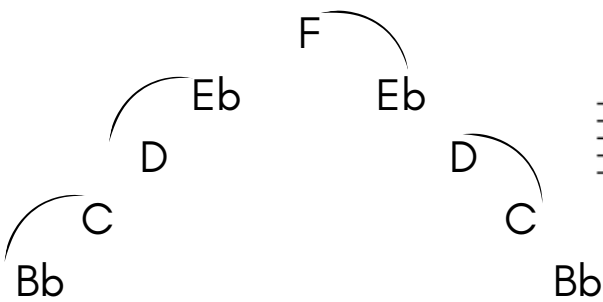
Fingerings for C Major scale: C, D, E, F, G, F, E, D, C.



Musical notation for C Major scale on a treble clef staff, showing the sequence of notes: C, D, E, F, G, F, E, D, C.

Bb MAJOR

Repeat ___ times



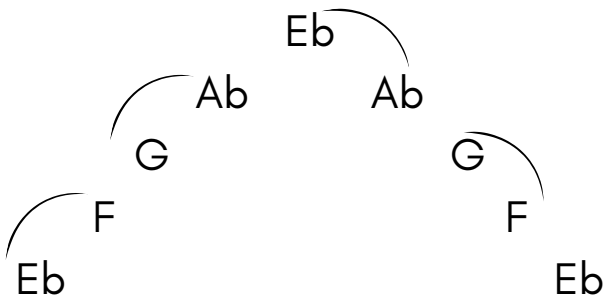
Fingerings for Bb Major scale: Bb, C, D, Eb, F, Eb, D, C, Bb.



Musical notation for Bb Major scale on a treble clef staff, showing the sequence of notes: Bb, C, D, Eb, F, Eb, D, C, Bb.

Eb MAJOR

Repeat ___ times



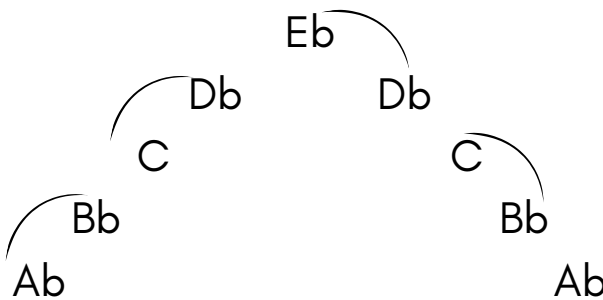
Fingerings for Eb Major scale: Eb, F, G, Ab, Eb, Ab, G, F, Eb.



Musical notation for Eb Major scale on a treble clef staff, showing the sequence of notes: Eb, F, G, Ab, Eb, Ab, G, F, Eb.

Ab MAJOR

Repeat ___ times



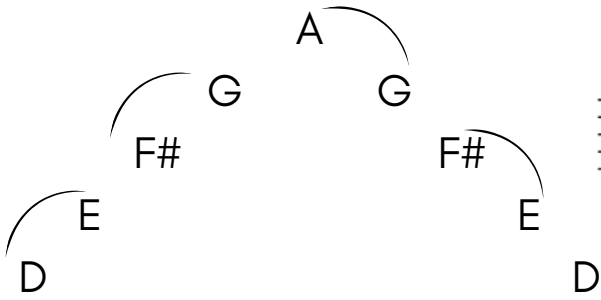
Fingerings for Ab Major scale: Ab, Bb, C, Db, Eb, Db, C, Bb, Ab.



Musical notation for Ab Major scale on a treble clef staff, showing the sequence of notes: Ab, Bb, C, Db, Eb, Db, C, Bb, Ab.

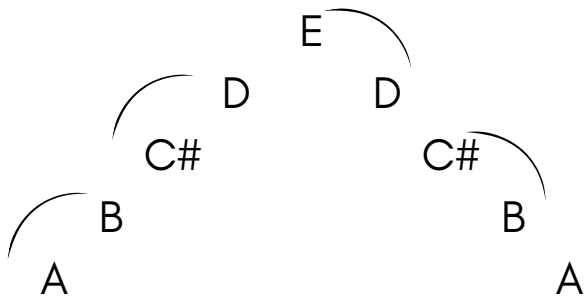
D MAJOR

Repeat ___ times



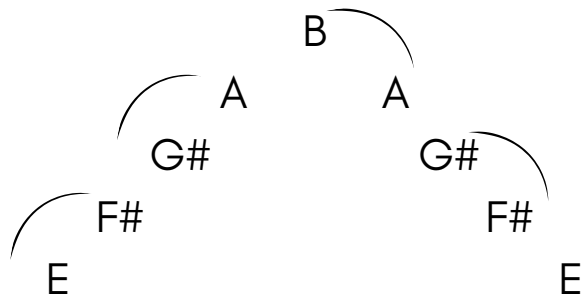
A MAJOR

Repeat ___ times



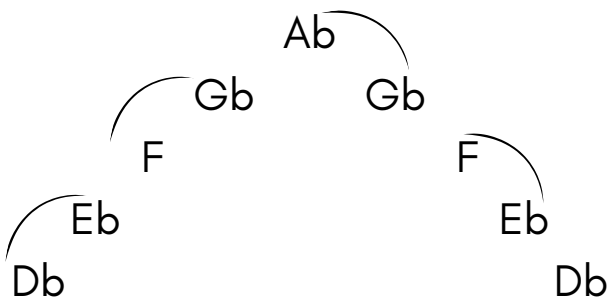
E MAJOR

Repeat ___ times

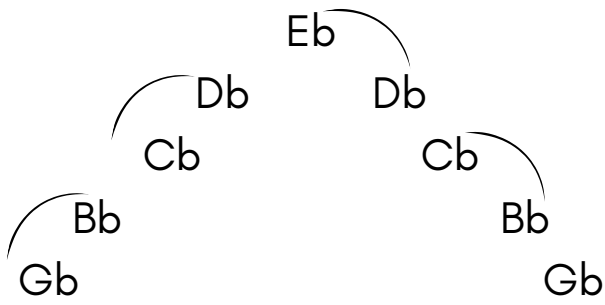


Db MAJOR

Repeat ___ times



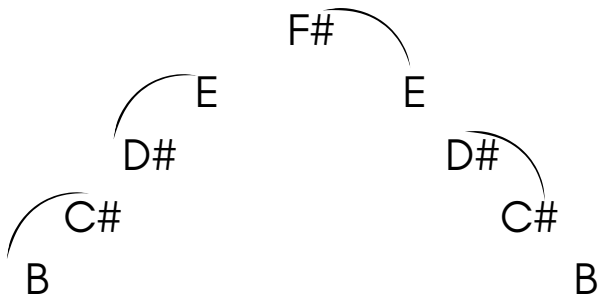
Gb MAJOR



Repeat ___ times



B MAJOR



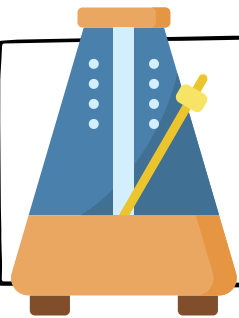
Repeat ___ times





five note SCALES

Level Two



REMEMBER:

- ✓ Metronome on 66 BPM
- ✓ Tap your toe
- ✓ Don't move on until the entire scale is beautiful!

G major



F major



C major



Bb major



Eb major



Ab major



D major



A major



E major



Db major



Gb major



B major



well done!

Name: _____

Date: _____

lesson HOMEWORK



Warm up

Scales

Method book

Other

